

# Sugar Shockers

Presented by



The Tulsa Health Department's It's All About Kids program has partnered with the Tulsa Roughnecks FC to offer a fun, interactive event to Tulsa County elementary schools.

This hour long program features music, games, physical activities and educational information. Your hosts will emphasize the importance of physical activity and learning to monitor sugar intake in beverages and food that we eat and drink. We bring the team to facilitate the event which includes a special appearance by Oil-E Coyote, the Tulsa Roughnecks mascot!



Spots are filling up fast. Contact Lindsey Clark to schedule your school today at [lclark@tulsa-health.org](mailto:lclark@tulsa-health.org) or 918.595.4510.

[www.tulsaplay.org](http://www.tulsaplay.org)

