

School Health Readiness Assessment 2022-2023

It's All About Kids (IAK) is available to all elementary schools in Tulsa County. To partner with IAK and receive services this assessment must be completed.

Assessment submissions will be accepted **May 1, 2022 – September 1, 2022**. An IAK Planning Meeting must be completed by **September 16, 2022** to receive services for the 2022-2023 school year. The assessment allows us to tailor our services specifically to the needs of your school. The principal, assistant principal, grade level team leads, PE teacher, nurse/health assistant, counselor, and community coordinator/parent liaison may need to work collaboratively to complete this assessment. If your team does not know or have access to certain information, please put NA. This assessment is used as a tool for IAK to gain a perspective of your school's climate. The IAK topics are specifically chosen to offer schools a means to satisfy the components of the Whole School, Whole Community, Whole Child (WSCC) Model. The WSCC Model is the CDC's framework for addressing health in schools. We encourage schools to review the WSCC Model to find out how your school can use it to strengthen the collaborative approach to learning and health.



1. Name of Person(s) Completing Assessment

2. Email of Person(s) Completing Assessment

3. Position of Person(s) Completing Assessment

4. School Name

5. School District

6. Name of Principal

7. Number of years the principal has been at this school

8. Total number of years this individual has been a principal

9. List a School Health Champion at your school to work collaboratively with IAK.

	Contact Information
Name	
Email	
Position	

10. Please provide the following information.

	Number of Classes	Number of Students per Class
Pre-K		
K		
1st		
2nd		
3rd		
4th		
5th		

11. Classroom teacher turnover rate

12. Number of students enrolled

13. Average attendance rate

14. Student mobility rate

15. Percentage of students receiving free or reduced meals

16. Please provide the following percentage for race and ethnicity information for your student population.

	Percentage
African American	
American Indian/Alaska Native	
Hispanic/Latino	
Asian/Other Pacific Islander	
Caucasian	
Other	

17. IAK receives funding from the State of Oklahoma. The State requires us to report the overall numbers for the information below. Please provide the

numbers for 3rd-5th grade from the 2021-2022 school year.

	Reading Scores	Math Scores	Attendance Rates	Behavioral Referrals
3rd				
4th				
5th				

18. Using data from the 2021-2022 school year, please provide the information below.

	Total Number
In-school suspensions	
Out-of-school suspensions	
Expulsions	
Referrals for safety/disciplinary problems	
Times law enforcement was called	

19. What are the most prevalent behavioral concerns among your students?

20. Many schools incorporate movement within their classrooms to address behavioral concerns. Would you be interested in learning more about this?

- Yes
- No

21. What are the most prevalent health concerns among your students and families?

22. Have you heard about the new [Senate Bill 89: Health Education Act](#)?

Yes

No

23. Would you be interested in learning about the [Painted Play Spaces Initiative](#)?

Yes

No

24. Would you be interested in having IAK provide a professional development for your staff? [If no, skip to question 27.](#)

Yes

No

25. Provide approximate number of staff members attending professional development.

26. Choose the following professional development topics your school would be interested in.

- Introduction to It's All About Kids Program (30-90 minutes)
- Classroom Cohesion (30-90 minutes)
- Team Building (30-90 minutes)
- Incorporating Fitness into the Classroom (30-90 minutes)
- Inside Recess Activities & Games (30-90 minutes)
- Physical Education (60-120 minutes)
- Virtual Science Behind Movement and Learning – Action Based Learning I (25 minutes)

It's All About Kids Programming

27. To complete the assessment, please choose 4 **in-person** topics listed below.

Topics will be scheduled 2 in fall and 2 in spring. Your selection will be the focus for the 2022-2023 school year. Please note topics requiring online pre-tests must be completed one week prior to scheduled programming.

*Health Education = **HE**, Physical Education & Physical Activity = **PEPA**, Nutrition Environment & Services = **NES**, Social & Emotional Climate = **SEL**, Physical Environment = **PE**

Select 2 Fall Topics

Select 2 Spring Topics

<p>HE: Hygiene (3rd-4th) and Human Growth & Development (5th)</p> <ul style="list-style-type: none"> • HG&D 1 hour in length and requires online pre-test and 60-day post-test 	<input type="radio"/>	<input type="radio"/>
<p>HE: Tobacco & Vaping Prevention (3rd-5th)</p> <ul style="list-style-type: none"> • 4th grade lesson 1 hour in length and requires online pre-test and 60-day post-test 	<input type="radio"/>	<input type="radio"/>
<p>HE: Dental Health (1st-5th)</p> <ul style="list-style-type: none"> • 4th grade lesson 1 hour in length and requires online pre-test and 60-day post-test 	<input type="radio"/>	<input type="radio"/>
<p>PEPA: Fitness in the Classroom</p>	<input type="radio"/>	<input type="radio"/>
<p>PEPA: Team Building in PE</p>	<input type="radio"/>	<input type="radio"/>
<p>PEPA: Tobacco & Vaping Prevention in PE (3rd-5th)</p>	<input type="radio"/>	<input type="radio"/>
<p>PEPA: Incorporating Core Curriculum into Your PE Class</p>	<input type="radio"/>	<input type="radio"/>
<p>NES: Nutrition in PE</p>	<input type="radio"/>	<input type="radio"/>
<p>NES: Blender Bike Class</p> <ul style="list-style-type: none"> • 3rd-5th grade lessons require online pre-test and 60-day post-test 	<input type="radio"/>	<input type="radio"/>
<p>SEL: Classroom Cohesion</p>	<input type="radio"/>	<input type="radio"/>
<p>SEL: Bully Busters Assembly with Tulsa Drillers (K-2nd), Bully Prevention (3rd-5th)</p>	<input type="radio"/>	<input type="radio"/>
<p>SEL: Mindfulness (K-1st), Stress Management (2nd-5th)</p>	<input type="radio"/>	<input type="radio"/>
<p>PE: Tornado Preparedness</p>	<input type="radio"/>	<input type="radio"/>
<p>PE: Earthquake Preparedness</p>	<input type="radio"/>	<input type="radio"/>

PE: Flood Preparedness

PE: Fire Preparedness

28. Would you be interested in utilizing IAK virtual lessons to meet the requirements of the [Senate Bill 89 Health Education Act](#)? If no, skip to question 29.

Yes

No

Virtual Lessons

Your school will have access to the virtual lesson content below through our website tulsaplay.org. We will be emailing your Health Champion to highlight different virtual lessons to utilize monthly. We would appreciate your staff completing the Virtual Program Teacher Evaluation after completing any of our virtual lessons.

Health Education

Handwashing (K-2nd), Hygiene (3rd-4th), and Human Growth & Development (5th)
Tobacco & Vaping Prevention (3rd-5th), Drugs & Your Heart (5th)
Tooth Fairy Assistant (K), Dental Health (1st-5th)

Physical Education & Physical Activity

Fitness in the Classroom

Nutrition Environment & Services

Nutrition in the Classroom - Food Groups
Nutrition in the Classroom - Food Labels
Nutrition Science Experiment
Little Bite Nutrition Breaks Series

Social & Emotional Learning

Classroom Cohesion

Bully Busters with Tulsa Drillers (K-2nd), Bully Prevention (3rd-5th)

Mindfulness

Responsible Decision Making

Conflict Resolution

Stress Management

Community Involvement

29. Would your school be interested in after-school programming? [If no, skip to question 33.](#)

Yes

No

30. Which semester would you prefer for after-school programming?

Fall

Spring

31. Select one of the after-school program options below for 3rd-5th grade students.

It's All About Kinesthetics - 12-week program, 25 students maximum, use of the entire gym required, facilitated by school staff/volunteer

Cooking Club - Two 5-week sessions, 15 students maximum per session, facilitated by school staff/volunteer

32. Please provide the following information for after-school programming.

	Contact Information
Staff/Volunteer Name	
Email	
Position	

Employee Wellness

The health and wellness of Tulsa County school personnel is important to the IAK team. All partnering schools are eligible to participate in our Employee Wellness Program throughout the 2022-2023 school year. The program is facilitated through the IAK website, tulsaplay.org, and includes physical activity, nutrition, and habit challenges throughout the school year. Additional wellness programs and resources will be shared as well. If your school hosts an Employee Wellness challenge, connect with your IAK Health Education & Promotion Specialist to see how we may be able to assist you.

33. What does your school provide around Employee Wellness?

34. What would your school be interested in for Employee Wellness?

Family Engagement

35. IAK can provide equipment and/or materials to include in your school's predetermined event. Please select all that apply.

- Nutrition – Blender Bike (funding for food must be provided by the school)
- Family Fitness Night
- Math & Literacy Activities
- Action Based Learning STEM Activities
- Other, please specify. _____

36. Does your school have an active PTA/PTO?

- Yes
- No

Thank you for reviewing the School Health Readiness Assessment for 2022-2023!

The assessment can be submitted electronically at tulsaplay.org.

Submissions accepted May 1, 2022 - September 1, 2022.