

## **IT'S ALL ABOUT KIDS**

### **2021-2022 SCHOOL HEALTH READINESS ASSESSMENT**

It's All About Kids (IAK) is available to all elementary schools in Tulsa County. **To partner with IAK and receive services this assessment must be completed. Assessment submissions will be accepted April 1, 2021 – September 1, 2021. An IAK Planning Meeting must be scheduled by October 1, 2021 to receive services for the 2021-2022 school year.** The assessment will allow us to tailor our services specifically to the needs of your school. The principal, assistant principal, grade level team leads, PE teacher, nurse/health assistant, counselor, and community coordinator/parent liaison may need to work collaboratively to complete this assessment. If your team does not know or have access to certain information, please put NA. This assessment is used as a tool for IAK to gain a perspective of your school's climate. The assessment follows the 10 components of the Whole School, Whole Community, Whole Child (WSCC) model to strengthen a unified collaborative approach to learning and health.

1. General Information

Name of Person(s) Completing Assessment  
Email of Person(s) Completing Assessment  
Position of Person(s) Completing Assessment  
School Name  
School District

2. Principal Information

Name of Principal  
Number of years the principal has been at this school  
Total number of years this individual has been a principal

3. Classroom teacher turnover rate

4. Number of students enrolled

5. Average attendance rate

6. Student mobility rate

7. Percentage of students receiving free or reduced meals



8. Using data from the 2020-2021 school year, please provide the information below.

Number of in-school suspensions

Number of out-of-school suspensions

Number of expulsions

Number of referrals for safety/disciplinary problems

Number of times law enforcement was called

9. Please provide the following percentage for race and ethnicity information for your student population.

African American

American Indian/Alaska Native

Hispanic/Latino

Asian/Other Pacific Islander

Caucasian

Other

10. Please provide the following information.

<b>Grade</b>	<b>Number of Classes</b>	<b>Number of Students per Class</b>
<b>Pre-K</b>		
<b>K</b>		
<b>1<sup>st</sup></b>		
<b>2<sup>nd</sup></b>		
<b>3<sup>rd</sup></b>		
<b>4<sup>th</sup></b>		
<b>5<sup>th</sup></b>		
<b>6<sup>th</sup></b>		

11. IAK receives funding from the State of Oklahoma. The State requires us to report the overall numbers for the information below. Please provide the numbers for 3<sup>rd</sup>-5<sup>th</sup> grade from the 2020-2021 school year.

<b>Grade</b>	<b>Reading Scores</b>	<b>Math Scores</b>	<b>Attendance Rates</b>	<b>Behavioral Referrals</b>
<b>3<sup>rd</sup></b>				
<b>4<sup>th</sup></b>				
<b>5<sup>th</sup></b>				



12. Would you be interested in having IAK provide a professional development for your staff?

- Yes
- No

13. If yes, choose one of the following:

- Whole School, Whole Community, Whole Child (WSCC) Model (30-60 minutes)
- Blending Nutrition and Education (45-60 minutes)
- Classroom Cohesion/Team Building (30-60 minutes)
- Science Behind Movement and Learning – Action Based Learning I (45-60 minutes)
- Action Based Learning II (90 minutes)
- Incorporating Fitness into the Classroom (30-60 minutes)
- Inside Recess Activities & Games (30-60 minutes)
- Trauma Informed Classroom – THD Child Guidance Program (2 hour minimum)
- Bully Prevention – Parent Child Center



## TOP THREE WSCC MODEL PRIORITIES

To complete the assessment, please decide which three components from the Whole School, Whole Community, Whole Child (WSCC) Model your school would like to focus on for the 2021-2022 school year. The ten components can be seen in the image below. **Please choose your top three and only answer the questions for those components. You do not need to answer the questions for the components you did not choose as priorities.**

In the online survey the lay out is slightly different than the PDF. There will be three separate questions asking for your first, second, and third priority. Once you choose the first priority it will automatically redirect you to the correct set of questions. Once those questions are completed it will continue to the second priority question which redirects you again to the specific set of questions. It follows the same pattern for the third priority question.



1. Please select your top three Whole School, Whole Community, Whole Child (WSCC) Model components to focus on for the 2021-2022 school year.

- Health Education
- Physical Education & Physical Activity
- Nutrition Environment & Services
- Health Services
- Counseling, Psychological & Social Services
- Social & Emotional Climate
- Physical Environment
- Employee Wellness
- Family Engagement
- Community Involvement

## **HEALTH EDUCATION**

**\*Virtual Lesson Option: Video and Lesson Plan Provided**

1. What areas of Health Education would you be interested in having IAK provide in your school?

- \*Handwashing (K-2<sup>nd</sup>), \*Hygiene (3<sup>rd</sup>-4<sup>th</sup>), \*Human Growth & Development (5<sup>th</sup>)
- \*Tobacco & Vaping Prevention (3<sup>rd</sup>-5<sup>th</sup>), Drugs & Your Heart (5<sup>th</sup>)
- \*Tooth Fairy Assistant (K), \*Dental Health (1<sup>st</sup>-5<sup>th</sup>)

2. How would you rate the importance of having health education in your school?

- Very important
- Somewhat important
- Not important

3. Health Education Goal for 2021-2022

For example, to ensure we meet the additional 60 minutes of physical activity outside of PE class, we will schedule all 4th grade classes for Dental Health (Wellness and nutrition education can be options under the State policy).



## PHYSICAL EDUCATION & PHYSICAL ACTIVITY

**\*Virtual Lesson Option: Video and Lesson Plan Provided**

1. How many times per week do students attend PE class?
  - 1 time per week
  - 2 times per week
  - 3 times per week
  - 4 times per week
  
2. How many classes do you see each period?
  - Single class
  - Double classes
  - Both single and double classes depending on the schedule
  
3. How many minutes does each PE class session last?
  - 30 minutes per session
  - 35 minutes per session
  - 40 minutes per session
  - Other, please specify.
  
4. What is your biggest challenge in PE class? Please check all that apply.
  - Lack of Equipment
  - Class Size
  - Behavior Management
  - Incorporating State PE Standards
  - Connecting Core Curriculum in PE Class (i.e. math, language arts, science, social studies)
  - Other, please specify.
  
5. What areas of Physical Education & Physical Activity would you be interested in having IAK provide in your school?
  - \*Fitness in the Classroom
  - Team Building in PE
  - Tobacco & Vaping Prevention in PE (3<sup>rd</sup>-5<sup>th</sup>)
  - Nutrition in PE
  - Incorporating Core Curriculum into Your PE class
  - Other, please specify.



6. Does the school offer physical activity opportunities before or after school (i.e. Bike Club, Running Club, Walking School Bus/Bike to School, etc.)?
- Yes
  - No

If yes, please describe the physical activity opportunities offered.

7. Are students provided 60 minutes of physical activity outside of PE per week (i.e. Brain Boosters, GoNoodle, Fitness in the Classroom, exercise programs, additional recess, wellness and nutrition education, etc.)?
- Yes
  - No

If yes, please describe the additional physical activities.

8. Physical Education & Physical Activity Goals for 2021-2022  
For example, to ensure we meet the additional 60 minutes of physical activity outside of PE class, we will schedule Fitness in the Classroom for all grades.

## **NUTRITION ENVIRONMENT & SERVICES**

### **\*Virtual Lesson Option: Video and Lesson Plan Provided**

1. What areas of Nutrition Environment & Services would you be interested in having IAK provide in your school?
- \*Nutrition in the Classroom
  - Nutrition in PE
  - Blender Bike Class (funding for food must be provided by the school)
2. How would you rate the importance of having nutrition education in your school?
- Very important
  - Somewhat important
  - Not important
3. Does your school district provide nutrition education services?
- Yes
  - No
  - Unsure



#### 4. Nutrition Environment & Services Goals for 2021-2022

For example, to ensure Nutrition Education is provided per the USDA requirement, we will schedule the Blender Bike Class for K-5<sup>th</sup> grade during specials rotations.

### **HEALTH SERVICES**

1. What are the most prevalent health concerns among your students and families?
2. What health services would be helpful within your school? Please check all that apply.
  - Assistance with Online SoonerCare Applications
  - Transportation to Medical Appointments
  - Eyeglasses Repairs
  - Prescription Pickup
  - Health Talk (school picks a topic to be discussed with small groups of parents)
  - Other, please specify.

#### 3. Health Services Goal for 2021-2022

For example, to ensure students enrolled in SoonerCare do not lose coverage or obtain coverage when needed, we will contact IAK for SoonerCare application assistance.





## **COUNSELING, PSYCHOLOGICAL, & SOCIAL SERVICES**

1. Please indicate if the following staff are full-time or part-time and if the services they provide are available to all students or a specific student population. Choose NA if your school does not offer/staff a certain position.

	<b>Full-time</b>	<b>Part-time</b>	<b>Available to All Students</b>	<b>Available to Specific Student Population</b>	<b>N/A</b>
<b>Psychologist</b>					
<b>Counselor</b>					
<b>Social Worker</b>					
<b>Nurse</b>					
<b>Health Assistant/Clerk</b>					
<b>Communities in Schools Coordinator</b>					
<b>Community School Coordinator</b>					
<b>Parent Liaison</b>					
<b>Parent Facilitator</b>					

Please list any staff that is not listed above, but fills a similar role.

2. Within your student population, what are the most prevalent behavioral concerns?
3. Many schools incorporate movement within their classrooms to address behavioral concerns. Would you be interested in learning more about this?
  - Yes
  - No
4. Counseling, Psychological, & Social Services Goal for 2021-2022

For example, to ensure our students get the behavioral support they need, we will contact IAK for a professional development regarding movement in the classroom.



## **SOCIAL & EMOTIONAL CLIMATE**

**\*Virtual Lesson Option: Video and Lesson Plan Provided**

1. What are the biggest challenges related to Social and Emotional Climate faced by students in your school?
2. What areas of Social & Emotional Climate would you be interested in having IAK provide in your school? Our SEL topics build on each other and are listed in order below.
  - \*Classroom Cohesion
  - \*Mindfulness
  - \*Responsible Decision Making
  - \*Conflict Resolution/Getting Along
  - \*Bully Prevention , Bully Busters Assembly with Tulsa Drillers (K-2<sup>nd</sup> Grade)
  - \*Stress Management, Test Pep Rally Assembly (3<sup>rd</sup>-5<sup>th</sup>)

3. Does your school have a Safe School Committee?

- Yes
- No

If yes, would you like for an IAK staff member to participate?

- Yes
- No

4. Social & Emotional Climate Goal for 2021-2022

For example, to ensure we promote a bully free environment, we will schedule the Bully Busters assembly for K-2<sup>nd</sup> grade and Bully Prevention in the classroom for 3<sup>rd</sup>-5<sup>th</sup> grade.

## **PHYSICAL ENVIRONMENT**

**\*Virtual Lesson Option: Video and Lesson Plan Provided**

1. What areas of Physical Environment would you be interested in having IAK provide in your school? Below are emergency preparedness topics taught in the PE class.



- \*Tornado Preparedness
  - Earthquake Preparedness
  - Flood Preparedness
  - Wild Fire Preparedness
2. Select the following topics you would be interested in receiving resources regarding Physical Environment.
- Safe Routes to School
  - Playground Safety
  - Water Filling Stations
  - Natural Lighting vs Artificial Lighting
  - Drop-off/Pick-up Emission Reduction
  - Other, please specify.

### 3. Physical Environment Goal for 2021-2022

For example, to ensure students are aware of how to prepare for tornadic weather, we will schedule the Tornado Preparedness lesson for K-5<sup>th</sup> grade with IAK.

## **EMPLOYEE WELLNESS**

IAK's Employee Wellness Program is facilitated through a FREE app called MoveSpring. The app tracks steps and allows your staff to participate in different challenges throughout the year.

1. Total number of employees at this school (teachers, administrative, support staff, custodial, etc.).
2. What would motivate your staff to participate in IAK's Employee Wellness Program?
3. We can also provide a nutrition component to Employee Wellness. If your staff is interested, please select one below.
  - a. Lunch & Learns – Education Based
  - b. Lunch & Learns – Nutrition Make & Take
  - c. Nutrition Consultations
  - d. Not interested
  - e. Other, please specify.
4. Would your school have a Wellness Champion to oversee Employee Wellness efforts and work collaboratively with IAK staff?



- Yes
- No

If yes, please provide contact information for that person.

Name  
Email  
Position

5. Does your school have a Healthy & Fit School Advisory Committee?

- Yes
- No

If yes, would you like for an IAK staff member to participate?

- Yes
- No

6. Employee Wellness Goal for 2021-2022

For example, to ensure our staff have the opportunity to participate in employee wellness at work, we will collaborate with IAK to promote the IAK Employee Wellness Program to our staff.

## **FAMILY ENGAGEMENT**

1. IAK can provide the following Family Engagement opportunities to include in your school's predetermined event. Please select one area of interest.

- Nutrition – Blender Bike (funding for food must be provided by the school)
- Nutrition – Cooking Demo (funding for food must be provided by the school)
- Math and Literacy Games
- Family Fitness Night
- Action Based Learning (ABL) STEM
- Other, please specify.

2. Does your school have an active PTA/PTO?

- Yes
- No



### 3. Family Engagement Goal for 2021-2022

For example, to ensure our parents learn how to incorporate movement while doing homework, we will contact IAK to present at a parent night or for ideas.

## **COMMUNITY INVOLVEMENT**

1. What type of community partnerships support your school? Please select all that apply.

- Community organizations bring programs to the school
- Community organizations invite students into their space
- Community organizations serve on school committees and participate in planning events

2. Please indicate which support team/services are provided from community organizations.

- Social Services
- Juvenile Services
- Before-school Programs
- After-school Programs
- Summer Programs
- Mental Health Counseling
- Health Promotion/Health Education
- Faith-based Organizations
- Other services (e.g. CREOKS, F&CS, Dayspring), please specify.

3. Please select student programs available to all students.

- Organized before-school program
- Organized after-school program
- Organized extracurricular sports
- Music programs
- Drama/Theater/Arts programs
- Clubs
- Global Gardens/Community Gardens
- YMCA GO Club
- Girl/Boy Scouts of America
- Campfire
- Other, please specify

4. Would your school be interested in IAK providing after school programming?



- Yes
- No

5. If yes, IAK offers 12 week sessions of after school programming for 3<sup>rd</sup>-5<sup>th</sup> grade students. Choose one of the programs below.

- It's All About Kinesthetics
- Cooking Club (funding for food must be provided by the school)

Which semester would you prefer for after school programming?

- Fall
- Spring

Would your school be interested in a virtual after school program?

- Yes
- No

6. What percentage of students participate in one or more of the student programs available?

7. Community Involvement Goal for 2021-2022

For example, to ensure our students have an out-of-school time opportunity, we will schedule after school programming with IAK.

